



Model Goals Fast Facts



Parents as Teachers is an evidence-based home visiting model, backed by more than 40 years of independent research. Research has shown that Parents as Teachers supports **seven model goals**:

1 Increase parent knowledge of early childhood development and improve positive parenting practices

Caregivers improve their parenting knowledge, behaviors, attitudes, skills, and efficacy. They also show greater supportiveness and sensitivity to their children.

2 Provide early detection of developmental delays and connection to services

Through screenings and health reviews, affiliates identify approximately 26,000 potential developmental delays and health concerns annually. Of children referred for further assessment in 2024-2025, around 44% received follow-up services.

3 Improve parent, child, and family health and well-being

Young children experience long-lasting positive mental health effects through reduced impacts of early life stress on the brain. Caregivers experience reduced depression and stress and are more likely to take their child to well-child visits.

4 Prevent child abuse and neglect

Families improve their home safety practices and have a decreased occurrence of child maltreatment reports.



5 Increase children's school readiness and success

Children perform better on reading and math tests. They also have lower rates of absenteeism and suspension.

6 Improve family economic well-being

Caregivers are more likely to become employed, enroll in high school, or enroll in college.

7 Strengthen community capacity and connectedness

Caregivers are more likely to use community resources, like mental health treatment and free or reduced lunch programs.



For more information about Parents as Teachers research and results, visit parentsasteachers.org/research-and-results.