

Dear South Region Parents as Teachers Families,

September 30, 2022, marks the National Day for Truth and Reconciliation, a day established by our federal government to recognize and commemorate the legacy of those impacted by residential schools. We take this time to honour the Indigenous communities impacted by the traumatic legacy of residential schools.

This year we wish to take the time to learn more about The Seven Sacred Teachings, also known as the Teachings of the Seven Grandfathers, a set of teachings on human conduct towards others. They are what was traditionally and still is to this day needed for communities to survive.

THE SEVEN SACRED TEACHINGS

Beaver
Wisdom | “Nibwaakaawin”

*To cherish knowledge is to know WISDOM;
To know LOVE is to know peace;*

Buffalo
Respect | “Minwaadendamowin”

*To honor all of the Creation is to have RESPECT;
BRAVERY is to face the foe with integrity;*

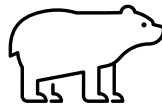
Eagle
Love | “Zaagi’idiwin”

*HONESTY also means “righteousness”, be honest first with yourself
– in word and action;*

Wolf
Humility | “Dabasanimowin”

*HUMILITY is to know yourself as a sacred part of the Creation,
TRUTH is to know all of these things.*

Raven
Honesty | “Gwayakwaadiziwin”



Turtle
Truth | “Debwewin”

Bear

Bravery | “Aakode’ewin”

“Courage is represented by the bear. The mother bear has the Courage and strength to face her fears and challenges while protecting her young. She never gives in or gives up in the face of danger.” In honour of the National Day for Truth and Reconciliation, we hope you enjoy this gift from us - ***Baby Bear Baby Bear*** by Bill Martin Jr and Eric Carle

Sincerely,

South Region Parents as Teachers Board and Staff

South Region Parents as Teachers Society is located in the heart of Southern Alberta, and both acknowledges and pays tribute to the traditional territories of the people of Treaty 7, which includes the Blackfoot Confederacy (the Siksika, the Piikani, the Kainai First Nations). By virtue of the signing of Treaty 7 in 1877, South Region Parents as Teachers recognizes that we are all treaty people.

Wisdom credit:

Empowering the Spirit | 2022 September | Alberta Regional Professional Development Consortia (ARPDC)

<https://empoweringthespirit.ca/cultures-of-belonging/seven-grandfathers-teachings/>

Bear Illustration: WORD