



# Partnering With Teen Parents

This dynamic training and a versatile curriculum of the same name offer constructive insights into teen parents, their children, and the unique life circumstances they all face.



## The Training

The two-day, face-to-face training covers:

- Developmental characteristics unique to teens, including adolescent brain development.
- The parallel developmental needs of adolescents and young children.
- Child development, parent-child interaction, family wellbeing.
- Practical principles that contribute to healthy lifestyles.
- Techniques to enhance confidence and competence, as well as strategies to help the transition into adulthood.
- Special family dynamics and multigenerational issues.
- Strategies to facilitate father involvement.
- Ideas for organizing and conducting effective group connections or personal visits.

## The Curriculum

The 1,100-page curriculum includes professional resources, parent handouts, and activity pages specifically geared for adolescents and young adults.

Consider using it if you are a:

- Parents as Teachers parent educator
- School counselor
- Family and consumer science professional
- Nurse
- Family support professional working in a teen-focused program



### Curriculum and training options

The curriculum can be purchased separately in the following formats:

- USB drive with Toolkit cards
- Digital download with printable Toolkit cards

The training and curriculum bundle includes the curriculum USB drive and Toolkit cards.

For more information, please visit <http://parentsasteachers.org/partnering-with-teen-parents>.





### Topics focus on:

- Development of life skills such as self-care and resourcing as adolescents approach adulthood.
- Mindfulness techniques for focusing attention during parent-child interaction.
- Parallel developmental needs of teens and their infants/young children.
- The important role of the father, whether or not he is in a relationship with the child's mother.

### The Spanish translation

The two-day, face-to-face training covers:

- Developmental characteristics unique to teens, including adolescent brain development.

*Trabajo en colaboración con padres adolescentes* is designed for professionals working with Spanish-speaking families. The Spanish translation includes more than 500 pages of parent-facing materials. This product is intended to be used with the English *Partnering With Teen Parents* curriculum.

### Alignment with professional standards

#### School counselors

The *Partnering With Teen Parents* curriculum aligns with the American School Counselor Association Student Standards for Personal/Social Development. This alignment was created using the Personal/Social Development Academic Domain of ASCA's Student Standards. A variety of supportive components in the curriculum are listed under the applicable standard within that ASCA domain. The components include activity pages, group connections, parent handouts, and professional resources.

#### Family and consumer sciences professionals

The *Partnering With Teen Parents* curriculum aligns with the National Association of State Administrators of Family and Consumer Sciences National Standards for Family and Consumer Sciences Education for Parenting. This alignment was created using Parenting Area of Study in NASAFACS's National Standards. A variety of supportive components in the curriculum

are listed under the applicable standard within that area of study. The components include activity pages, group connections, parent handouts, and professional resources.

### Hosting a training

If you don't see a training near you and are interested in learning how to bring a training to your city, contact Cindi Coser, Associate Training Coordinator at

[Cindi.Coser@ParentsAsTeachers.org](mailto:Cindi.Coser@ParentsAsTeachers.org).

